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"GOOGLE ME" for more information!



"THRIVING LIFE" TELE-SERIES

Imagine feeling fulfilled and satisfied in EVERY area of your life!!!!

***If after reading the above statement you think I'm crazy....
I invite you to attend my **FREE** Thriving Life Tele-Series.***

As a C.E.O. Catalyst & Life Coach my passion is to help everyone around me experience a THRIVING quality of life more consistently.

The "Thriving Life" tele-series was created to help you examine each area of your life in order to improve the areas you are not currently satisfied with, and find new ways to increase your satisfaction in the areas that are already going well.

In August you are invited to join me as I interview 10 Life Area Experts!

Each interview will be held via conference call and is designed to give you a deeper understanding of how to take steps to thrive in a particular life area. In case you are unable to make one of the calls, the interviews will be recorded and available as an MP3 download (barring any technical difficulties).

*****Everyone who attends the live interviews will be eligible for any bonuses or special discounts the Expert may offer at the end of the call . So please try to make time to be on the calls, otherwise you won't have access to those deals .*****

Thriving Life Tele-Series Schedule

Below are the life areas we will be covering in this series and the Experts I will be interviewing:

8/5/Wed @ 11:30 - 12:30 (EST)

Health - Physical

Expert: [Greg French, RD, LD, CPT - Registered/Licensed Dietitian & Certified Personal Trainer, Action Fitness](#)

Topic Title: ***"So What if I Eat a Twinkie and Don't Exercise -- It's Not That Bad, IS IT?"***

8/7/Fri @ 11:30 - 12:30 (EST)

Career - Whatever you get paid regularly to do.

Expert: [Amy Anderson, Career Coach, Your True You](#)

Topic Title: ***"Managing Your Career"***

8/11/Tue @ 11:30 - 12:30 (EST)

Home - The place where you live (atmosphere & location)

Expert: [Kim Cossette, Professional Organizer, The Organized Approach](#)

Topic Title: Still Being Finalized

8/13/Thu @ 11:30 - 12:30 PM (EST)

Appearance - The way you look (body, hair, clothes, etc.)

Two Experts:

1) [Meg Crowley, Independent Consultant, Arbonne International](#)

Topic Title: "Beauty - Is It Only Skin Deep?"

2) [Michelle Reynolds, Image Consultant, Dress Code](#)

Topic Title: "You, The Brand!"

8/17/Mon @ 3:00 - 4:00 PM (EST)

Money - Your financial situation

Expert: [Dwayne Samples, Amplify Financial Advisors](#)

Topic Title: "Money, Money, Money!"

8/19/Wed @ 3:00 - 4:00 PM (EST)

Fun & Leisure - The things you want to do

Expert: [Laura Seal, Travel Agent, LAS Travel 4 Less](#)

Topic Title: Still Being Finalized

8/25/Tue @ 11:30 - 12:30 PM (EST)

Personal Development - Improving yourself in some way

Expert: [Van Findley, President, Vantage Consulting Services](#)

Topic Title: "Personal Development / Personal Vision"

8/27/Thu @ 11:30 - 12:30 PM (EST)

Service - The time or money you give to help others

Expert: [Gary Galloway, Volunteer Services Director, Gwinnett County Health & Human Services](#)

Topic Title: *Volunteering: Not Just an Act of Kindness, But a Way of Life!*

8/31/Mon @ 11:30 - 12:30 PM (EST)

All four of these life areas are going to be addressed by one Expert Speaker:

- Relationship - Typically your spouse/partner/significant other
- Family - Immediate & extended family
- Friends - Acquaintances and good friends
- Health - Mental

Expert: [Claire Horner, Counselor, Covenant Counseling Center](#)

Topic Title: Still Being Finalized

9/2/Wed @ 11:30 - 12:30 PM (EST)

Spiritual - Your beliefs about humankind's existence & purpose

Expert: [James L. Brewer-Calvert, Pastor, First Christian Church of Decatur](#)

Topic Title: Still Being Finalized

After you register for the tele-series go to the left side of my website and click on the "Subscribe" link to receive THREE FREE GIFTS :

- 1) A complimentary subscription to my C.E.O. Shift Ezine.
- 2) My new book , *Living Your Life On Purpose Three Steps to Achieving a Thriving Quality of Life* . In this book you'll find a detailed explanation of each life area.
- 3) An opportunity to schedule a FREE 15-minute Exploration Meeting with me to discuss a challenge you are currently facing to see if a coaching program might be helpful in overcoming it.

When you confirm your subscription you will get the directions for how to receive each gift.

Print this page BEFORE you register so you can block out time in your calendar to attend most of the calls in the series.

Sign Up Today to Register for this **FREE Tele-Series:**

[Click Here To Register!](#)

If you have any problems registering for this tele-series, feel free to contact me. Have a fabulous day!

Sincerely,

Kris Cavanaugh

C.E.O. Catalyst & Life Coach

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